



12th Annual
 Raceland Upper Elementary
 5K Walk/Run for Education



Start and Finish at:
 Raceland Upper Elem.
 3759 Hwy. 308
 Raceland, LA
 (The Pink School)

Saturday, March 31, 2012

Registration: 8:00 A.M.
 Warm Ups: 8:45 A.M.
 Race: 9:00 A.M.

'Rain or Shine' No Refunds

---For more information call:
 985-537-5142

--or e-mail: ksuggs@lafourche.k12.la.us
smitchell.rues@lafourche.k12.la.us

Grand Prix Categories

Trophies

Prizes

Face Painting

Music

Cake/Prize Walk

Fingerprinting

Health Screenings

T-Shirts

Food

Half & Half Raffle Winner Must Be Present

Shirt size guaranteed if registered by February 29. After February 29, only adult Large and X-Large available. Anyone registering after February 29 can pick up their T-Shirt at Raceland Upper 3 weeks after the race.



Help Us Celebrate our 12th Annual 5K for Education



Proceeds will benefit
 Raceland Upper Elem.

Registration Form

March 31, 2012

Name: _____

Address: _____

E-mail: _____

Age on Race Day: _____

Phone Number: _____

Entry Fee \$15 until Feb. 29

\$18 Feb. 29 –Race Day

\$10 No Shirt Entry

\$2 extra for 2X or 3X size shirts.

Circle one in each category:

Male Female

Run Walk

Shirt Size:

Child M L

Adult M L XL

\$2 Extra for 2X & 3X

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MAIL ENTRY FORM AND FEE TO:

Raceland Upper Elementary 5K
 Attn: Stella and Kim
 PO Box 370
 Raceland, LA 70394

Participants' Waiver and

I waive any and all claims for myself and my heirs against Raceland Upper Elementary School and the Lafourche Parish School Board for injury or illness, which may directly or indirectly result from my participating in the event. I further state that I am in proper physical condition to participate in the event and understand the risk of running in the temperature and humid conditions of this event.

Signature of participant

Signature of Parent or Guardian if under 18

Student you want to give credit to? _____

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